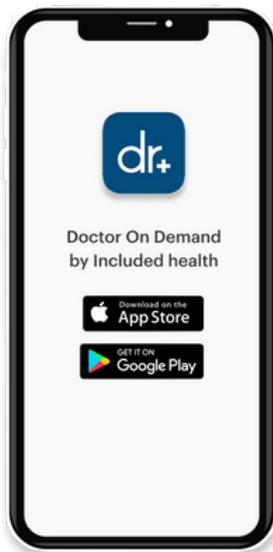


Available Starting January 2025

# Your direct line to top doctors and therapists—24/7/365.

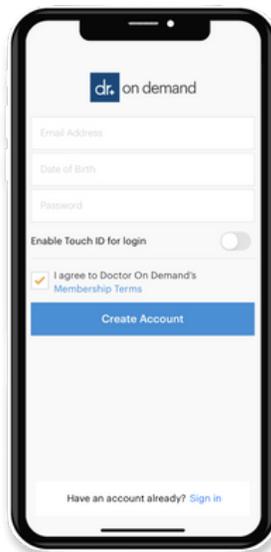
You've got anytime access to top doctors and therapists with Doctor On Demand by Included Health. Get treatment for 90% of all common ER complaints, from common colds to uncommon rashes. Plus, connect with a therapist or psychiatrist whenever and wherever you're comfortable.



1

## Get the app

Download the Doctor On Demand app and activate using your Blue Cross and Blue Shield of Alabama insurance starting in January. Members can also call 800-997-6196 for 24/7 support.



2

## Find a top doctor or therapist.

Get help with your mental health and urgent care needs from anywhere you have an internet connection.



3

## Connect face-to-face on your phone.

Speak with your doctor or therapist right on your phone for help with all your health needs, mental and physical.

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Doctor on Demand is available to all members enrolled in the Local Government Health Insurance Plan Group 30000



## Learn more.

[doctorondemand.com/alabama](https://doctorondemand.com/alabama)

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