# Local Government Health Insurance Plan



Effective January 1, 2026



An Independent Licensee of the Blue Cross and Blue Shield Association

### Local Government Health Insurance Plan JANUARY 1, 2026

This table is a summary of benefits and is subject to all other terms and conditions of the Plan.

To maximize your benefits, seek medical services from a Preferred Provider who participates in the BlueCard® Preferred Provider Organization (PPO) Program. To find out if your provider is a PPO member, call 1-800-810-BLUE (2583) or access the Blue Cross website, **AlabamaBlue.com**. Please be aware that not all providers participating in the BlueCard® PPO Program will be recognized by Blue Cross as approved providers for the type of service being furnished as explained more fully in the "Benefit Conditions" section of the Plan book

BENEFIT	service being furnished as explained more fully in t IN-NETWORK (PPO)	OUT-OF-NETWORK (NON-PPO)
BENEFII	, ,	,
	INPATIENT HOSPITAL BENEFIT	
	precertification.	ined, no benefits are available. Call 1-800-248-2342 for
Inpatient Facility Coverage (including maternity)	Covered at 100% of the allowance, subject to a \$200 per admission deductible and \$50 copay	Covered at 80% of the allowance, subject to a \$200 per admission deductible and \$50 copay
	per day for days 2-5	per day for days 2-5.
	OUTPATIENT HOSPITAL BENEF	
drug	in outpatient hospital benefits, including radiology se ps; visit AlabamaBlue.com/ProviderAdministeredPrec 2342 for precertification. If precertification is not obta	ertificationDrugList.
Surgery	Covered at 100% of the allowance, subject to the \$100 facility copay. Certain outpatient surgeries require pre-certification, call 1-800-248-2342.	Covered at 80% of the allowance, subject to the calendar year deductible. Certain outpatient surgeries require pre-certification, call 1-800-248-2342.
Medical Emergency	Covered at 100% of the allowance, subject to the \$200 facility copay for treatment of sudden and severe symptoms that require immediate medical attention and meet medical emergency guidelines. Claims with emergency room charges that do not meet medical emergency guidelines will be covered under Major Medical. Includes Mental Health Disorders and Substance Abuse services.	Covered at 100% of the allowance, subject to the \$200 facility copay for treatment of sudden and severe symptoms that require immediate medical attention and meet medical emergency guidelines. Claims with emergency room charges that do not meet medical emergency guidelines will be covered under Major Medical. Includes Mental Health Disorders and Substance Abuse services.
Accidental Injury	Covered at 100% of the allowance with no deductible or copay for medically necessary, emergency room treatment related to an accidental injury.	Covered at 100% of the allowance with no deductible or copay for medically necessary, emergency room treatment related to an accidental injury.
Diagnostic X-rays & Tests	Covered at 100% of the allowance, subject to the \$100 facility copay per visit or cost of service, whichever is less.	Covered at 80% of the allowance, subject to the calendar year deductible.
<b>Diagnostic Lab &amp; Pathology</b> Certain outpatient x-rays and tests require precertification, call 1-866- 803-8002.	Covered at 100% of the allowance, subject to a \$7.50 copay per test.	Covered at 80% of the allowance, subject to the calendar year deductible.
Dialysis, IV Therapy, Chemotherapy & Radiation Therapy	Covered at 100% of the allowance, subject to the \$25 facility copay. Dialysis performed at free standing clinics are covered under major medical services at 80%, subject to the calendar year deductible.	Covered at 80% of the allowance, subject to the calendar year deductible.
	ent benefits for non-member hospitals are available only i	n cases of accidental injury or medical emergency and
covered as an out-of-network hospital.		
Precer AlabamaBlue.com/ProviderAdminist benefits are available. For provide	AN / NURSE PRACTITIONER / PHYSICIAN A tification is required for a select group of provider-ad eredPrecertificationDrugList. Call 1-800-248-2342 for p er-administered drugs listed on AlabamaBlue.com/Pro facturer assistance. Upon enrollment, cost share will	ministered drugs; visit precertification. If precertification is not obtained, no oviders/HelpScript, cost share may vary based on
Primary Care Physician Office Visits, Office Surgery & Outpatient Consultations	Covered at 100% of the allowance, subject to the \$40 office visit copay.	Covered at 80% of the allowance, subject to the calendar year deductible.
Specialist Physician Office Visits, Office Surgery & Outpatient Consultations	Covered at 100% of the allowance, subject to the \$50 office visit copay.	Covered at 80% of the allowance, subject to the calendar year deductible.
Nurse Practitioners / Nurse Midwives, Physician Assistant Office Visits, Registered Dietician, Licensed	Covered at 100% of the allowance, subject to the \$20 office visit copay.	Covered at 80% of the allowance, subject to the calendar year deductible.
Professional Counselor, Office Surgery & Outpatient Consultations		

BENEFIT	IN-NETWORK (PPO)	OUT-OF-NETWORK (NON-PPO)
Physician fees for Outpatient Surgery and Anesthesia (other than in a physician's office)	Covered at 100% of the allowance; no copay or deductible	Covered at 80% of the allowance, subject to the calendar year deductible.
Second Surgical Opinion	Covered at 100% of the allowance; no copay or deductible	Covered at 80% of the allowance, subject to the calendar year deductible.
Doctor On Demand Telemedicine	Covered at 100% of the allowance; no copay or deductible	Not covered.
A telephone and online video consultation service available to diagnose, treat and prescribe medication (when necessary) for certain medical, behavior health, and dermatology issues are available through Doctor on Demand.		
To enroll in the Telephone and Online Video Consultations Program, visit doctorondemand.com/alabama or call 1-800-997-6196.		
Emergency Room	Covered at 100% of the allowance, subject to the office visit copay. Includes Mental Health Disorders and Substance Abuse services.	Covered at 100% of the allowance, subject to the office visit copay. Includes Mental Health Disorders and Substance Abuse services.
Inpatient Visits	Covered at 100% of the allowance; no copay or deductible	Covered at 80% of the allowance, subject to the calendar year deductible.
Maternity	Covered at 100% of the allowance; no copay or deductible	Covered at 80% of the allowance, subject to the calendar year deductible.
Lab & Pathology Exams	Covered at 100% of the allowance, subject to a \$7.50 copay per test.	Covered at 80% of the allowance, subject to the calendar year deductible.
Diagnostic X-rays & Tests	Covered at 100% of the allowance; no copay or deductible	Covered at 80% of the allowance, subject to the calendar year deductible.
IV Therapy, Chemotherapy & Radiation Therapy	Covered at 100% of the allowance; no copay or deductible	Covered at 80% of the allowance, subject to the calendar year deductible.
	TELEHEALTH SERVICES	
	n Services subject to applicable cost-sharing for in-r ithin the scope of the health care providers license a	and deemed medically necessary.
	ROUTINE PREVENTIVE CARE	
Routine Immunizations and Preventive Services	ROUTINE PREVENTIVE CARE  Covered at 100% of the allowance with no deductible or copay.  • See AlabamaBlue.com/preventiveservices for a listing of the immunizations and preventive services or call the BCBS Customer Service Department at 1-800-321-4391 for a printed copy	Covered at 80% of the allowance subject to the calendar year deductible.  • See AlabamaBlue.com/preventiveservices for a listing of the immunizations and preventive services or call Customer Service Department at 1-800-321-4391 for a printed copy
	Covered at 100% of the allowance with no deductible or copay.  See AlabamaBlue.com/preventiveservices for a listing of the immunizations and preventive services or call the BCBS Customer Service Department at 1-800-321-4391 for a printed copy  Covered at 100% of the allowance with no deductible or copay. In addition to the standard services, the following will apply:  Urinalysis (once by age 5, then once between ages 12-17)  CBC (once every 2 calendar years ages 6-17, then once every calendar year age 18 and over)  Glucose testing (once every calendar year age 18 and over)  Cholesterol testing (once every calendar year age 18 and over)  TB skin testing (once before age 1, once between ages 1-4, and once between ages 14-18)	Covered at 80% of the allowance subject to the calendar year deductible.  See AlabamaBlue.com/preventiveservices for a listing of the immunizations and preventive services or call Customer Service Department at 1-800-321-4391 for a printed copy  Covered at 80% of the allowance subject to the calendar year deductible. In addition to the standard services, the following will apply:  Urinalysis (once by age 5, then once between ages 12-17)  CBC (once every 2 calendar years ages 6-17, then once every calendar year age 18 and over)  Glucose testing (once every calendar year age 18 and over)  Cholesterol testing (once every calendar year age 18 and over)  TB skin testing (once before age 1, once between ages 1-4, and once between ages 14-18)
Additional Routine Preventive Services	Covered at 100% of the allowance with no deductible or copay.  See AlabamaBlue.com/preventiveservices for a listing of the immunizations and preventive services or call the BCBS Customer Service Department at 1-800-321-4391 for a printed copy  Covered at 100% of the allowance with no deductible or copay. In addition to the standard services, the following will apply:  Urinalysis (once by age 5, then once between ages 12-17)  CBC (once every 2 calendar years ages 6-17, then once every calendar year age 18 and over)  Glucose testing (once every calendar year age 18 and over)  Cholesterol testing (once every calendar year age 18 and over)  TB skin testing (once before age 1, once between ages 1-4, and once between ages 14-18)  MENTAL HEALTH DISORDERS SER	Covered at 80% of the allowance subject to the calendar year deductible.  • See AlabamaBlue.com/preventiveservices for a listing of the immunizations and preventive services or call Customer Service Department at 1-800-321-4391 for a printed copy  Covered at 80% of the allowance subject to the calendar year deductible. In addition to the standard services, the following will apply:  • Urinalysis (once by age 5, then once between ages 12-17)  • CBC (once every 2 calendar years ages 6-17, then once every calendar year age 18 and over)  • Glucose testing (once every calendar year age 18 and over)  • Cholesterol testing (once every calendar year age 18 and over)  • TB skin testing (once before age 1, once between ages 1-4, and once between ages 14-18)
Preventive Services  Additional Routine Preventive	Covered at 100% of the allowance with no deductible or copay.  See AlabamaBlue.com/preventiveservices for a listing of the immunizations and preventive services or call the BCBS Customer Service Department at 1-800-321-4391 for a printed copy  Covered at 100% of the allowance with no deductible or copay. In addition to the standard services, the following will apply:  Urinalysis (once by age 5, then once between ages 12-17)  CBC (once every 2 calendar years ages 6-17, then once every calendar year age 18 and over)  Glucose testing (once every calendar year age 18 and over)  Cholesterol testing (once every calendar year age 18 and over)  TB skin testing (once before age 1, once between ages 1-4, and once between ages 14-18)	Covered at 80% of the allowance subject to the calendar year deductible.  See AlabamaBlue.com/preventiveservices for a listing of the immunizations and preventive services or call Customer Service Department at 1-800-321-4391 for a printed copy  Covered at 80% of the allowance subject to the calendar year deductible. In addition to the standard services, the following will apply:  Urinalysis (once by age 5, then once between ages 12-17)  CBC (once every 2 calendar years ages 6-17, then once every calendar year age 18 and over)  Glucose testing (once every calendar year age 18 and over)  Cholesterol testing (once every calendar year age 18 and over)  TB skin testing (once before age 1, once between ages 1-4, and once between ages 14-18)

BENEFIT	IN-NETWORK (PPO)	OUT-OF-NETWORK (NON-PPO)	
LGHIP Outpatient Provider	Approved LGHIP Facilities: Covered at 100%	Covered at 80% of the allowance, subject to the	
Services	of the allowance with no deductible or copay.	calendar year deductible.	
(See Mental Health and	Other copays may apply based on services rendered.		
Substance Abuse chapter in your	Blue Choice Behavioral Network providers:		
plan book for more information on	Covered at 100% of the allowance, subject to		
approved LGHIP providers.)	the applicable medical provider copay.		
Residential Treatment Facilities	Covered at 100% of the allowance, subject to a	Covered at 80% of the allowance, subject to a	
for treatment of Eating	\$200 inpatient per admission deductible and	\$200 inpatient per admission deductible and \$50	
Disorders	\$50 copay per days 2-5; precertification and	copay per days 2-5; precertification and ongoing	
	ongoing medical necessity review required.	medical necessity review required.	
Intensive Outpatient Services	Covered at 100% of the allowance, subject to a	Covered at 80% of the allowance, subject to the	
and Partial Hospitalization for Mental Health Disorders	\$100 copay per treatment episode.  Precertification is required.	calendar year deductible. Precertification is required.	
Merital Health Disorders	SUBSTANCE ABUSE SERVICE		
Inpatient Facility Services	Covered at 100% of the allowance, subject to a	Covered at 80% of the allowance, subject to a	
impatient Facility Services	\$200 inpatient per admission deductible and	\$200 inpatient per admission deductible and \$50	
	\$50 copay per days 2-5. Precertification is	copay per days 2-5. Precertification is required.	
	required.	copay per dayo 2 o. 1 recordination le required.	
Inpatient Provider Services	Covered at 100% of the allowance; no copay or	Covered at 80% of the allowance.	
•	deductible.		
LGHIP Outpatient Provider	Approved LGHIP Facilities: Covered at 100%	Covered at 80% of the allowance, subject to the	
Services	of the allowance, no copay or deductible.	calendar year deductible	
/O NA ( )	Blue Choice Behavioral Network providers:		
(See Mental Health and	Covered at 100% of the allowance, subject to		
Substance Abuse chapter in your plan book for more information on	the applicable medical provider copay.		
approved LGHIP providers.)			
Intensive Outpatient Services	Covered at 100% of the allowance, subject to a	Covered at 80% of the allowance, subject to the	
and Partial Hospitalization for	\$100 copay per treatment episode.	calendar year deductible. Precertification is	
Substance Abuse Services	Precertification is required.	required.	
	MAJOR MEDICAL GENERAL PROVI	SIONS	
	ibles and out-of-pocket maximums will be calculated in a		
Calendar Year Deductible	\$200 per person each calendar year; maximum o		
Annual Out-of-Pocket Maximum	\$10,600 individual annual out-of-pocket maximum	n; \$21,200 family maximum.	
	In-Network Services: Deductibles, copays and coinsurance for in-network services and out-of-network emergency services apply to the out-of-pocket maximum, including prescription drugs. For members up to age 19, deductibles and coinsurance for in-network dental services under the group dental benefits apply to the out-of-pocket maximum.  Out-of-Network Services: Do not apply to the out-of-pocket maximum.		
	After you reach your Calendar Year Out-of-Pocket Maxi	mum, applicable expenses for you will be covered at	
	After you reach your Calendar Year Out-of-Pocket Maximum, applicable expenses for you will be covered at 100% of the allowance for remainder of the calendar year.		
	MAJOR MEDICAL SERVICES		
more information. Call 1-800-248-2342			
Chiropractor Services	Covered at 80% of the allowance with no	Covered at 80% of the allowance, subject to the	
	deductible. Precertification is required after the 18th visit.	calendar year deductible. Member is responsible for the 20% coinsurance and any amount billed over the fee schedule. Precertification is required after the 18th visit.	
Applied Behavioral Analysis (ABA) Therapy	For children 18 years or younger, covered at 100% of the allowance after \$14 copay per visit.	For children 18 years or younger, covered at 80% of the allowance subject to calendar year deductible.	
	Precertification is required prior to rendering ABA therapy to determine medical necessity. Precertification is also required every six months thereafter to determine medical necessity for continued therapy. If precertification is not obtained, coverage for all services associated with subsequent visits will be denied. For a complete listing of covered services and precertification requirements, please call 1-877-563-9347.	Precertification is required prior to rendering ABA therapy to determine medical necessity. Precertification is also required every six months thereafter to determine medical necessity for continued therapy. If precertification is not obtained, coverage for all services associated with subsequent visits will be denied. For a complete listing of covered services and precertification requirements, please call 1-877-563-9347.	

BENEFIT	IN-NETWORK (PPO)	OUT-OF-NETWORK (NON-PPO)
Physical Therapy, Speech	For children 18 years or younger, covered at	For children 18 years or younger, covered at
Therapy and Occupational Therapy related to the screening, diagnosis, and treatment of Autism Spectrum Disorder	80% of the allowance, subject to the calendar year deductible. Precertification is required after the 15 <sup>th</sup> visit to determine the medical necessity for continued therapy. Call 1-800-248-2342 for precertification. If precertification is not obtained, coverage for all services associated with the 16th and subsequent visits will be	80% of the allowance, subject to the calendar year deductible. Member is responsible for the 20% coinsurance and any amount billed over the fee schedule. Precertification is required after the 15 <sup>th</sup> visit to determine the medical necessity for continued therapy. Call 1-800-248-2342 for precertification. If precertification is not obtained,
Rehabilitative and Habilitative Physical Therapy, Speech Therapy and Occupational Therapy	denied.  Covered at 80% of the allowance, subject to the calendar year deductible. Precertification is required after the 15 <sup>th</sup> visit to determine the medical necessity for continued therapy. Call 1-800-248-2342 for precertification. If precertification is not obtained, coverage for all services associated with the 16th and subsequent visits will be denied.	coverage for all services associated with the 16th and subsequent visits will be denied.  Covered at 80% of the allowance, subject to the calendar year deductible. Member is responsible for the 20% coinsurance and any amount billed over the fee schedule. Precertification is required after the 15th visit to determine the medical necessity for continued therapy. Call 1-800-248-2342 for precertification. If precertification is not obtained, coverage for all services associated with the 16th and subsequent visits will be
Durable Medical Equipment	Covered at 80% of the allowance, subject to the calendar year deductible.	denied.  Covered at 80% of the allowance, subject to the calendar year deductible. Member is responsible for the 20% coinsurance and any amount billed over the fee schedule.
Ground Ambulance Services	Covered at 80% of the allowance, subject to the calendar year deductible.	Covered at 80% of the allowance, subject to the calendar year deductible. Member is responsible for the 20% coinsurance and any amount billed over the fee schedule.
Air Ambulance Services	Covered at 80% of the allowance, subject to the calendar year deductible.	Covered at 80% of the allowance, subject to the calendar year deductible.
Allergy Testing & Treatment	Covered at 80% of the allowance, subject to the calendar year deductible.	Covered at 80% of the allowance, subject to the calendar year deductible. Member is responsible for the 20% coinsurance and any amount billed over the fee schedule.
Home Health Services	Covered at 80% of the allowance, subject to the calendar year deductible, when services are rendered by a participating Home Health agency; Precertification is required; call 1-800-821-7231.	Outside Alabama: Covered at 80% of the allowance, subject to the calendar year deductible. Precertification is required; call 1-800-821-7231.  In Alabama: No coverage for services rendered by a non-participating Home Health agency.
Home Infusion Services	Covered at 100% of the allowance, subject to the \$25 office visit copay when services are rendered by a participating Home Infusion Service Provider; Precertification is required for provider-administered drugs; call 1-800-821-7231.	Outside Alabama: Covered at 80% of the allowance, subject to the calendar year deductible. Precertification is required for provider-administered drugs; call 1-800-821-7231.  In Alabama: No coverage for services rendered by a non-participating Home Infusion Service Provider.
Diabetic Education	Covered at 100% of the allowance with no deductible; limited to five diabetic classes (in an approved diabetic education facility) per person within a six-month period for any diabetic diagnosis (not held to insulin dependent diabetics); services in excess of this maximum must be certified through case management; call 1-800-248-2342.	Not covered.
Medical Nutrition Therapy For Adults and Children, 6 hours per member per calendar year	Covered at 100% of the allowance, subject to the applicable office visit copay.	Covered at 80% of the allowance, subject to the calendar year deductible.

BENEFIT IN-NETWORK (PPO) OUT-OF-NETWORK (NON-PPO) PRESCRIPTION DRUGS PRESCRIPTION DRUGS - ACTIVE AND NON-MEDICARE MEMBERS Prescription drug benefits are administered by Prime Therapeutics. For more information, call Member Services at 1-800-321-4391 or visit the website at myprime.com **Prescription Drug Benefits Participating Pharmacy:** Non-Participating Pharmacy: • The plan utilizes the Broad Select Out-of-Network Pharmacies are not covered, and Prescription drugs will be covered at 100%, pharmacy network. See subject to the following member cost share no benefits are available for prescriptions myPrime.com for a listing of purchased at an out of network pharmacy. amounts: participating pharmacies • Tier 1 - Generic Copay Card - Copay \$15. • Up to a 60-day supply at retail for maintenance drugs (after an initial The member pays the lesser of the actual 30-day fill) cost of the prescription or \$15. Note: The deductible does not apply to this tier. Tier 1 • View the NetResults A-Series Full drug list by visiting LGHIP.org, non-maintenance drugs may be dispensed myPrime.com, or by calling the up to a 30-day supply. Tier 1 maintenance **BCBSAL Member Services at 1**drugs may be dispensed up to a 60-day 800-321-4391. supply for one copay. Specialty drugs can be dispensed Tier 2 - Preferred Brand - Member pays for up to a 30-day supply. For more 100% of the cost of the prescription at the information contact Accredo point of sale. The member then may submit Specialty Pharmacy at 833-715a reimbursement request with Prime to be 0965 reimbursed up to 80%. Subject to the annual deductible. Member will not be reimbursed if member paid (whether paid directly by the member, copay assistance, coupons, or a combination thereof) 20% or less of the cost of the drug at the point of sale. Receipt is required. 90-day fill available. Tier 3 - Non-Preferred Brand - Member pays 100% of the cost of the prescription at the point of sale. The member then may submit a reimbursement request with Prime to be reimbursed up to 80%. Subject to the annual deductible. Member will not be reimbursed if member paid (whether paid directly by the member, copay assistance, coupons, or a combination thereof) 20% or less of the cost of the drug at the point of sale. Receipt is required. 90-day fill available. • Tier 4 - POS Exception List - Member pays 20% of the cost of the prescription at the point of sale and no reimbursement to the member is available. The POS Exception List includes a specific list of certain high cost, specialty drugs. It also includes a specific list of diabetic medications. Day supply is dependent upon the medication. Note: Deductible does not apply to these medications. **HEALTH MANAGEMENT BENEFITS** 

# Individual Case Management Coordinates care in event of catastrophic or lengthy illness or injury. For more information, please call 1-800-821-7231 and press 7. Chronic Condition Management Coordinates care for chronic conditions such as asthma, diabetes, coronary artery disease, congestive heart failure, chronic obstructive pulmonary disease and other specialized conditions. For more information, please call 1-833-964-1448 and press 0. A maternity program that will waive the hospital deductible and daily copays for inpatient admission at delivery. For the waived hospital deductible and daily copays to apply, the member must enroll in the Baby Yourself program within the first two trimesters of pregnancy. Members may enroll at AlabamaBlue.com/BabyYourself. For more information, please call 1-800-222-4379.

Doctor on Demand by Included Health is an independent company that provides a telehealth mobile app and health services on behalf of Blue Cross and Blue Shield of Alabama.

For precertification call 1-800-248-2342. Call Blue Cross and Blue Shield of Alabama at 1-800-321-4391.

The LGHIP is a self-insured health benefits plan administered by the LGHIB. The LGHIP provides minimum essential coverage and meets the minimum value standard as defined by the Affordable Care Act. Visit the Local Government Health Insurance Board's website at <a href="https://www.lghip.org">www.lghip.org</a>.

This is not a contract, benefit booklet, or Summary Plan Description. Benefits are subject to the terms, limitations and conditions of the group contract.

Check your benefit booklet for more detailed coverage information. Please visit our website at www.AlabamaBlue.com.

#### **Notice of Nondiscrimination**

#### Discrimination is Against the Law

Blue Cross and Blue Shield of Alabama, an independent licensee of the Blue Cross and Blue Shield Association, complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (consistent with the scope of sex discrimination described in 45 CFR § 92.101(a)(2)). We do not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex.

Blue Cross and Blue Shield of Alabama:

- Provides reasonable modifications and free appropriate auxiliary aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language assistance services to people whose primary language is not English, such as gualified interpreters and information written in other languages

If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, contact our 1557 Compliance Coordinator. If you believe that we have failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance in person or by mail, fax, or email at: Blue Cross and Blue Shield of Alabama, Compliance Office, 450 Riverchase Parkway East, Birmingham, Alabama 35244, Attn: 1557 Compliance Coordinator, 1-855-216-3144, 711 (TTY),1-205-220-2984 (fax), 1557Grievance@bcbsal.org (email). If you need help filing a grievance, our 1557 Compliance Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, D.C. 20201, 1-800-368-1019, 1-800-537-7697 (TDD). Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

#### Notice of Availability of Language Assistance Services and Auxiliary Aids and Services

English: ATTENTION: Free language assistance services are available to you. Appropriate auxiliary aids and services to provide information

in accessible formats are also available free of charge. Call 1-855-216-3144 (TTY: 711) or call Customer Service و المتعادة: إذا كنت تتحدث العربية، تتوفر لك خدمات المساعدة اللغوية المجانية. كما تتوفر أيضًا المساعدات والخدمات الإضافية المناسبة لتوفير المعلومات بتنسيقات يسهل التياه: إذا كنت تتحدث العربية، تتوفر لك خدمات المساعدة اللغوية المجانية. الوصول إليها مجانًا. اتصل بالرقم 3144-315-216-118 (الهاتف النصبي: 711) أو الاتصال بخدمة العملاء

Chinese: 请注意:如果您说普通话,我们可免费为您提供语言协助服务。我们还免费提供适当的辅助工具和服务,以易读格式向 您提供信息。请拨打 1-855-216-3144 (TTY 用户请拨 711) 或致电客户服务部。

French: À NOTER: Si vous parlez français, des services d'assistance linguistique gratuits sont à votre disposition. Des aides et des services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le 1 855 216 3144 (TTY: 711) ou contactez le service client.

German: ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistenzdienste zur Verfügung. Geeignete Hilfsmittel und Dienstleistungen zur Bereitstellung von Informationen in zugänglichen Formaten sind ebenfalls kostenlos erhältlich. Rufen Sie +1 855 216 3144 (Durchwahl: 711) oder den Kundendienst an.

Gujarati: ધ્યાન આપો: જો તમે ગુજરાતી બોલો છો, તો તમારા માટે નિ:શુલ્ક ભાષા સહ્રાય સેવાઓ ઉપલબ્ધ છે. સુલભ ક્રોમેંટમાં માહિતી પ્રદાન કરવા માટેની ચોર્ગ્ય સહાય અને સેવાઓ પણ વિના મૃત્યે ઉપલબ્ધ છે. 1-855-216-3144 (TTY: 711) પર અથવા ગ્રાહક સેવા પર ક્ષેલ કરો.

Hindi: ध्यान दें: अगर आप हिन्दी बोलते हैं, तो आपके लिए निःशुल्क भाषा सहायता सेवाएँ उपलब्ध हैं। आसान प्रारूप में सुचना उपलब्ध कराने के लिए उपयुक्त सहायक साधन और सेवाएँ भी निःशुल्क उपलब्ध हैं। 1-855-216-3144 (TTY: 711) पर कॉल करें या ग्राहक सेवा को कॉल केरें।

Japanese: ご案内: 日本語を話される方には、無料の言語アシスタントサービスをご用意しております。アクセシブルな形式で情報を提供する ため、補助器具や支援サービスも無料で提供しております。1-855-216-3144 (TTY: 711) もしくは、カスタマーサービスにお電話でお問合せく ださい。

Korean: 주의: 한국어을(를) 하시면 무료 언어 지원 서비스를 이용하실 수 있습니다. 접근 가능한 형식으로 정보를 제공하기 위한 적절한 보조 도구와 서비스도 무료로 제공됩니다. 1-855-216-3144(TTY: 711)로 전화하거나 고객 서비스에 문의하세요. Lao: เอ็าใจใส่: ท้าเจ้าเจ้า ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາຟຣູແມູ່ນຸ່ມີໃຫ້ທ່ານ. ການຊ່ວຍເຫຼືອ ແລະ

ການບໍລິການທີ່ເໝ່າະສົມໃນການສະໜອງຂໍ້ມູນໃນຮຸບແບບທີ່ສາມາດເຂົາເຖິງໄດ້ແມ່ນຍັງສາມາດໃຊ້ໄດ້ໂດຍບໍ່ເສຍຄ່າ. ໂທ 1-855-216-3144 (TTY: 711) ຫຼື ໂທຫາຝ່າຍບໍລິການລຸກຄ້າ.

Portuguese: ATENÇÃO: Se você falar português, serviços gratuitos de assistência linguística estão disponíveis para você. Também estão disponíveis gratuitamente ajudas e serviços auxiliares adequados para fornecer informações em formatos acessíveis. Ligue para 1-855-216-3144 (TTY: 711) ou lique para o Atendimento ao Cliente.

Russian: ВНИМАНИЕ. Если ваш язык русский язык, к вашим услугам бесплатная языковая помощь. Соответствующие вспомогательные средства и услуги по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по телефону 1-855-216-3144 (ТТҮ: 711) или обратитесь в службу поддержки клиентов.

Spanish: ATENCIÓN: Si usted habla español, hay disponibles servicios gratuitos de asistencia lingüística. También hay disponibles, de forma gratuita, ayudas y servicios auxiliares adecuados para dar información en formatos accesibles. Llame al 1-855-216-3144 (TTY: 711) o llame a Servicio al cliente.

Tagalog: ATTENTION: Kung nagsasalita ka ng Tagalog, available sa iyo ang mga libreng serbisyo sa tulong sa wika. Available rin ang naaangkop na mga pantulong na tulong at serbisyo nang walang bayad para magbigay ng impormasyon sa mga naa-access na format. Tumawag sa 1-855-216-3144 (TTY: 711) o tumawag sa Serbisyo sa Customer.

Turkish: DİKKAT Konuşmanız durumun'da Türkçe, ücretsiz dil yardımı hizmetlerinden yararlanabilirsiniz. Erişilebilir formatlarda bilgi sağlamak için uygun yardımcı araçlar ve hizmetler de ücretsiz olarak sunulmaktadır. 1-855-216-3144 (TTY: 711) nolu telefonu veya Müşteri Hizmetlerini arayın.

Vietnamese: CHÚ Ý: Nếu quý vị nói tiếng việt thì dịch vụ hỗ trợ ngôn ngữ miễn phí có sẵn cho quý vị. Chúng tôi cũng có các hỗ trợ và dịch vụ phụ trợ miễn phí phù hợp để cung cấp thông tin ở định dạng dễ tiếp cận. Vui lòng gọi số 1-855-216-3144 (TTY: 711) hoặc gọi Dịch Vụ Khách Hàng.

# Local Government Health Insurance Program Benefit Plan Administered By:

Local Government Health Insurance Board
PO Box 304901
Montgomery, Alabama 36130

Phone: 1-334-851-6802 Toll-Free: 1-866-836-9137 Website: LGHIP.org

# Medical Claims Administrator & Utilization Management

Blue Cross and Blue Shield of Alabama 450 Riverchase Parkway East Birmingham, Alabama 35298

Customer Service: 1-800-321-4391 Rapid Response: 1-800-248-5123 Fraud Hot Line: 1-800-824-4391

Baby Yourself® Maternity Program: 1-800-222-4379

Medical Case Management: 1-800-821-7231

Medical/Surgical Precertification: 1-800-248-2342

Website: AlabamaBlue.com

## **Pharmacy Benefit Manager**

Prime Therapeutics 2900 Ames Crossing Road Suite 200 Eagan, MN 55121

Member Services: 1-800-321-4391
TTY users call 711
Website: myprime.com

## **Specialty Pharmacy**

Accredo Specialty Pharmacy: 833-715-0965

Group Number 30000 MKT231-2508